



Canoe Brook Café

June Menu

Meals served daily at 12 p.m.

Nutrition for mind, body and spirit

Congregate menu

Suggested Donation: \$3

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Turkey A la King Brown Rice Cabbage Dinner Roll Pineapple	Meatloaf w/Gravy Whipped Potatoes Green Beans Rye Bread Brownie	BBQ Pork Baked Beans Beet Salad Cornbread Muffin	Marsala Chicken Thigh Penne Pasta Tossed Salad Italian Bread Mandarin Oranges	Cream of Mushroom Soup Beef Macaroni & Cheese Broccoli Wheat Bread Fresh Fruit
10	11	12	13	14
Chicken Leg Quarter Scalloped Potatoes Vegetable Blend Dinner Roll Applesauce	American Chop Suey Green Peas Tuscany Vegetable Blend Rye Bread Mandarin Oranges	Maple Mustard Pork Stuffing Tossed Salad Dinner Roll Fresh Fruit	<u>Father's Day Special</u> Sausage Onions & Peppers Corn Confetti Coleslaw Hot Dog Bun Oatmeal Creme	Beef Vegetable Stir- Fry White Rice Glazed Carrots Wheat Bread Pineapple
17	18	19	20	21
Swiss Steak w/ Gravy Whipped Potatoes Capri Vegetable Blend Rye Bread Diced Peaches	Vegetable Soup Macaroni & Cheese Cauliflower Dinner Roll Applesauce	Cacciatore Chicken Thigh Penne Pasta Mixed Greens Italian Bread Fresh Fruit	BBQ Hamburger Macaroni Salad Sliced Carrots Hamburger Bun Fudge Creme Cookie	Ginger Honey Pork Brown Rice Green Beans Red Peppers Wheat Bread Pineapple
24	25	26	27	28
BBQ Pork Rib Patty Corn O' Brien Mixed Greens Hamburger Bun Fresh Fruit	Taco Meat Spanish Rice Lettuce & Tomato Flour Tortilla Pineapple Sour Cream	Cut Grilled Chicken Romaine Lettuce Caeser Dressing Garbanzo Bean Salad Italian Bread Fresh Fruit	Cream of Broccoli Soup Salisbury Steak w/ gravy Zucchini Dinner Roll	Turkey Tetrazzini Lima Beans Carrots White Bread Brownie Assorted Fruit
Reservations Call Maureen 203-315-0685 Monday – Friday by noon at least one day in advance.				