



TEL (203) 481-4248 | FAX (203) 483-7727  
342 Harbor Street, Branford, CT 06405

## Child/Adolescent Medication Evaluation and Management Program

---

If it is deemed appropriate, Branford Counseling & Community Services ("BCCS") offers our clients medication evaluation and on-going medication maintenance appointments with a licensed prescribing practitioner ("Prescriber"), either an MD or APRN, for children and adolescents ages 5 to 17 who are actively participating in psychotherapy at BCCS. If your child receives medication from a Prescriber at BCCS, you must comply with the stipulations outlined in the Prescribed Medication Policy and Agreement.

### *Process:*

Once your child has been assigned to a Clinician, you can discuss the option of medication as an adjunct to your child's psychotherapy. If you choose to move forward, you will be scheduled for a Medical Evaluation with a Prescriber.

### *Initial Medication Evaluation:*

The initial medication evaluation is scheduled for two (2) hours. A parent or legal guardian must be present for the entire evaluation. During that time, the Prescriber will review symptoms, medical issues, medication history, allergies, family history, and any other pertinent questions to develop a full understanding of how the problems affect your child.

### *Ongoing Medication Management:*

Follow-up medication management appointments are scheduled for 30 minutes. Regularly scheduled follow-up medication management appointments are essential for you and the Prescriber to review how the medication is working, assess your child's symptoms, and discuss their treatment. Your Prescriber will be working collaboratively with you and your child's Clinician.

### *Additional Information:*

- Child/Adolescent Prescribers are only at BCCS on Wednesday afternoons. Due to their limited schedule, there may be times where it is necessary for you to take your child out of school to attend an appointment. School Absence Notes are available upon request.
- Seven (7) days' notice is required for refills. Your refill request cannot be processed without proper advance notice, as our Prescribers are only part-time.
- Clients are only eligible to receive medication management as long as they are actively engaged in psychotherapy at BCCS.
- Excessive cancellations or no-shows of medication appointments will result in termination from the medication management program.
- If you are more than 15 minutes late for a medication management appointment, your appointment will be cancelled and rescheduled for a later date.