

Canoe Brook Café

April

Meals served daily at 12 noon

Nutrition for mind, body and spirit -Suggested donation \$3

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Meatballs Bowtie Pasta Tossed Salad Wheat Bread Fresh Fruit	Chicken Stir fry Brown Rice Carrots Dinner Roll Oatmeal Cream Cookie	Hamburger Patty Cream Broccoli Soup American Cheese Crinkle Fries Hamburger Bun Fresh Fruit	Macaroni and Cheese Baked Pinto Beans Mixed Greens Italian Bread Mandarin Oranges
7	8	9	10	11
Stuffed Shells w/Tomato Sauce Green Peas Tuscany Vegetables Italian Bread	Roasted Chicken Leg Quarter Scalloped Potatoes Tossed Salad Rye Bread Apple Sauce	Chef Salad Dinner Roll Cream Broccoli Soup Baked Cookie Saltine Crackers	Meatballs with Steakhouse Sauce Bow Tie Pasta Cabbage Wheat Bread	Potato Crust Pollock Crinkle Fries Green Beans Hamburger Bun Mandarin Oranges
14	15	16	17	18
Swiss Steak Gravy Brown Rice Vegetable Blend Dinner Roll Diced Peaches Milk	Maple Mustard Pork Baked Sweat Potato Tossed Salad Wheat Bread Apple Sauce	Lemon Scarpariello Chicken Thigh Vegetable Orzo soup Spring Vegetables Italian Bread	Roasted Ham Au Gratin Potatoes Green Peas Wheat Bread Pineapple Upsidedown	CANOE BROOK CLOSED
21	22	23	24	25
BBQ Pork Rib Patty Corn O' Brien Green Beans Hamburger Bun Fresh Fruit	Beef Stir Fry Brown Rice Broccoli Wheat Bread Mandarin Oranges	Chicken Caesar Salad Cucumber Salad Dinner Roll Mixed Fruit	Turkey Primavera Cream of Tomato Penne Pasta Italian Bread Baked Cookie	Taco Meat Spanish Rice Fiesta Vegetables Flour Tortilla Diced Peaches
28	29	30		
Beef/Chicken Sweet & Sour Meatballs Brown Rice Broccoli Wheat Bread Diced Pears	Chicken Parmesan Penne Pasta Tossed Salad White Bread Chocolate Fudge	Turkey Sloppy Joe Tater Tots Cabbage Hamburger Bun Fresh Fruit	Reservations Call Maureen 203-315-0685 Monday – Friday 24 hrs in advance	