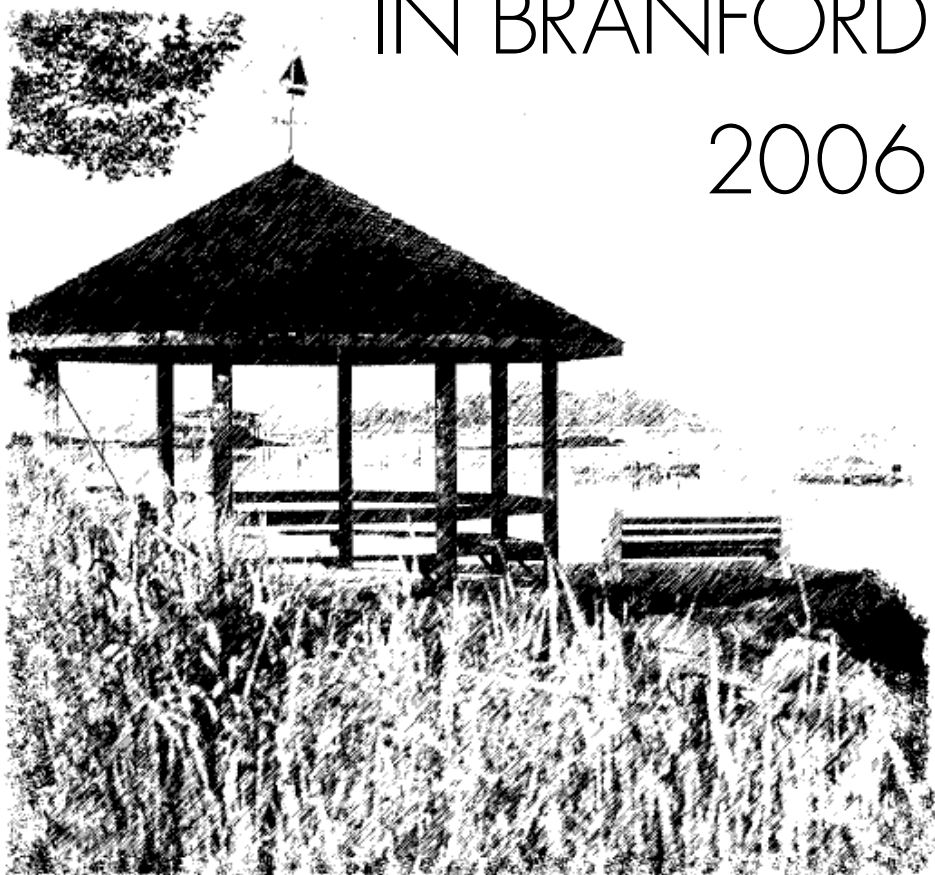


A RESOURCE
GUIDE
TO SOCIAL
SERVICES
IN BRANFORD
2006



A RESOURCE GUIDE TO SOCIAL SERVICES IN BRANFORD 2006

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PROJECT COMMITTEE: Pat Andriole, Dagmar Ridgeway

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by the Branford Community Foundation.

Designed by Words by Jen, Branford, CT

The **BRANFORD COMMUNITY FOUNDATION** is pleased to have funded the development and latest update of this Resource Guide to Social Services in Branford. We all know that Branford is a generous community whose citizens reach out to their neighbors in many diverse ways. But few of us, I suspect, realize how many different social service organizations there are in town. In fact, excluding regional, state and federal social service agencies, there are still over 32 organizations in town dedicated to improving the lives of Branford's residents. Now, through the efforts of many caring individuals in town, the names, addresses, phone numbers and service offerings of these organizations can be found in one convenient place.

The idea for this Guide resulted from discussions among members of the Community Social Service Network, a group of representatives from various social service providers in town. The group realized that while they might be able to pick up the phone and ask each other for help in finding assistance for one individual or family, such resource information was needed by many more people in town who did not know how to find it. We hope the availability of this Guide has changed that and that these organizations have become more accessible to all those in Branford who need their services.

The Guide is divided into 17 sections, each of which highlights resources available in a targeted area. Detailed descriptions of the primary service providers in each area are provided. In addition, both shorter descriptions of frequently used local and regional organizations and cross references to agencies detailed in other sections are provided.

Every attempt has been made to make this Guide as complete as possible. However, should you have any additions or suggestions you feel should be included in the next edition of this Guide, please contact Maria Storm, Project Director, c/o Branford Counseling Center, 342 Harbor St., Branford, CT 06405, (203) 481-4248.

*Claire Bennitt
President, Branford Community Foundation
January 2006*

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important town phone numbers

Emergency: Medical, Fire, Police	911
Ambulance	481-8200
Blackstone Library	488-1441
Children’s Department	481-3997
Canoe Brook Center	481-3429
Counseling Center	481-4248
East Shore District Health Department	481-4233
Fire Department	488-7266
First Selectman’s Office	488-8394
Housing Authority	481-3194
Police Department	481-4241
Public Schools Central Office	488-7276
Mary T. Murphy Elementary School	483-1832
John B. Sliney Elementary School	481-5386
Mary R. Tisko Elementary School	483-1826
Francis W. Walsh Intermediate School	488-8317
Branford High School	488-7291
Pupil Services	488-5000
Early Years Center	315-3540
Family Resource Center	315-3799
School Age Child Care Program	481-5066
Recreation Department	488-8304
Registrar of Voters	483-3998
Social Services Department	488-5404
Town Clerk	488-6305
Volunteer Services Center
Branford Food Council	481-3663
Community Dining Room	488-9750
Harbor Health Services Clothing Bank	483-2643
Willoughby Wallace Library	488-8702
Youth Officer, Police	481-4241
Youth Outreach Worker	481-4248, 623-6809 (cell)

important state & federal phone numbers

CONNECTICUT

Attorney General's Office	1-860-808-5420
Bureau of Rehabilitation Services	974-3000
Consumer Credit Council	1-800-450-2808
Department of Children and Families (DCF)	
Careline (for cases of child abuse and neglect)	1-800-842-2288
Department of Mental Health and Addiction Services	
Help line for non-emergency information and referral	1-800-446-7348
Department of Mental Retardation	1-860-418-6000
Department of Social Services (DSS)	974-8000
Elderly Information Referral	1-800-443-9946
Protective Services for the Elderly - Hotline to report abuse of elders	974-8029
Temporary Family Assistance	974-8000
DSS Intake Unit, Title 19 (Medicaid)	974-8000
Department of Public Utility Control	1-800-382-4586
Department of Veterans Affairs	931-0460
Fuel Assistance	1-800-798-3805
State Insurance Commissioner	1-800-203-3447

FEDERAL

Aid to Families with Dependent Children (AFDC)	1-800-842-1508
Food Stamps	1-800-842-1508
Medicare/Social Security	1-800-772-1213, 773-5201 (local)
Special Supplemental Food Program for Women, Infants and Children (WIC)	
St. Raphaels	789-3563
Yale	688-5150
Fairhaven Community Health Center	773-5007

useful websites

TOWN OF BRANFORD

www.branford-ct.gov

BRANFORD PUBLIC SCHOOLS

www.branford.k12.ct.us

INFOLINE

www.infoline.org

DEPARTMENT OF SOCIAL SERVICES

www.dss.state.ct.us

CONNECTICUT ELDERLY SERVICES

www.ctelderlyservices.state.ct.us

infoline

TELEPHONE: 211

WEBSITE: www.infoline.org

Infoline is a telephone-based information and referral clearinghouse that utilizes a computerized database to provide up-to-date information on a broad range of locally available programs and services. Topics include, for example, child care resources and availability, alcohol and drug treatment programs, maternal and child health programs, sources of financial assistance, targeted hotlines and the time and location of an array of self-help groups. Infoline's professional caseworkers not only provide callers with referrals to appropriate community resources, but also intervene in crises including suicide prevention. In addition to consulting the agencies and services listed in this guide, anyone in need of specific assistance should call Infoline for further information and guidance. The service is free and is available 24 hours a day.

The information pages in the front of the telephone book also list many social service programs and services available to shoreline residents.

housing

BRANFORD HOUSING AUTHORITY

Merit Properties
Parkside Villages I and II
115 South Montowese Street
Branford, CT 06405
TELEPHONE: 481-3194
RENTAL INFORMATION: 481-5632
FAX: 483-9157

HOURS: Monday - Friday, 8 a.m. - 4 p.m.

TARGET POPULATION: Low income persons who are at least 62 years old or who are 100% disabled under a federal program.

SERVICES: The Branford Housing Authority (BHA) provides independent apartment living for seniors with limited incomes or for disabled persons. Two complexes offer a total of 90 units; sixty-eight of these units are efficiencies and twenty-two are one bedroom apartments. Residents must be in good health and able to care for themselves and the apartment independently. BHA works with tenants and their families to find the services needed to maintain independence as long as possible.

ELIGIBILITY REQUIREMENTS: Residents must be 62 years of age or older with a maximum income of \$39,550 per year for a single person or \$45,200 per year for a couple from all sources. Disabled persons must be 18 years of age or older and be 100% disabled under the federal program.

COSTS: Base rent for Parkside I: Single - \$243 per month; Double \$260 per month or 30% of gross income, whichever is more. Utilities are included. Base rent for Parkside II: Single \$200 per month; Double - \$210 per month or 30% of gross income, whichever is more. Utilities are paid by tenants.

CARRIE P. CHANDLER HOUSING CORPORATION

13G Rogers Street
Branford, CT 06405
TELEPHONE: 481-4241, days, 488-0829, evenings (ask for Bob Gill)

TARGET POPULATION: Low to moderate income families.

SERVICES: The Carrie P. Chandler's St. Stephen's Townhouse development offers seven 1, 2 or 3 bedroom apartments, each with two bathrooms and a garage.

ELIGIBILITY REQUIREMENTS: Household incomes must total 80% or less of the area median income.

COSTS: 1 bedroom: \$600/month; 2 bedrooms: \$660/month; 3 bedrooms: \$740/month.

ROBERT GIAIMO HOUSE

Northeast Properties
14 Rice Terrace
Branford, CT 06405
TELEPHONE: 488-0695 or 387-6665

HOURS: 9 a.m.- 4 p.m., Monday-Friday

TARGET POPULATION: Senior citizens 62 years and older; disabled persons.

SERVICES: Northeast Properties provides Section 8 housing for seniors with limited incomes or for disabled persons. There are 44 single bedroom units, four of which are specifically designed for persons with mobility impairments.

ELIGIBILITY REQUIREMENTS: Applicant must be at least 62 years old with a maximum income of \$25,050 per year for a single person or \$28,650 per year for a couple.

COSTS: Rents are based on 30% of household's adjusted gross income.

JOHN B. SLINEY HOUSE

Merit Properties
21 Rice Terrace
Branford, CT 06405
TELEPHONE: 481-5632
FAX: 483-9157

HOURS: Monday - Friday, 9 a.m.- 5 p.m.

TARGET POPULATION: Senior citizens over the age of 62; disabled persons.

SERVICES: Merit Properties provides Section 8 housing for seniors with limited incomes or for disabled persons. There are 38 single bedroom units, four of which are specifically designed for the handicapped.

ELIGIBILITY REQUIREMENTS: Residents must be at least 62 years old with a maximum income of \$39,550 per year for a single person or \$45,200 per year for a couple. Disabled persons must be at least 62 years old and be 100% disabled under the federal program.

COSTS: 30% of tenant's adjusted gross income must go for rent.

PLEASE NOTE: All rents and allowable income limits in this section are as of January 2006.

ADDITIONAL HOUSING RESOURCES

BRANFORD HOMELESS INFORMATION

TELEPHONE: 481-4248

Branford residents in need of emergency housing may call this number for assistance.

HARBOR HEALTH SERVICES

TELEPHONE: 483-2630

Harbor Health offers a range of housing services to adults with severe and persistent mental illness. The agency operates supervised residential facilities as well as the Community

Living Program, which assists mentally ill citizens in locating, financially supporting and maintaining independent apartments in the community.

Pleas see primary listing under Counseling/ Crisis Support.

LIBERTY COMMUNITY SERVICES

TELEPHONE: 495-7600

WEBSITE: www.libertycs.org

Liberty Community Services is a housing and services provider that works with Connecticut residents confronting homelessness and disability. The organization has residential programs throughout the region.

NEW HAVEN AREA SHELTERS

These independently run shelters in the New Haven area offer emergency overnight housing on a first-come, first-served basis.

**CONNECTICUT DEPARTMENT
OF SOCIAL SERVICES**

SC Regional Office

Emergency Housing Program

194 Bassett Street

New Haven, CT

Telephone: 974-8000

**CHRISTIAN COMMON ACTION
AGENCY (families)**

168 Davenport Avenue

124 Sylvan Avenue

New Haven, CT

Telephone: 777-7848

COLUMBUS HOUSE (men and women)

586 Ella Grasso Boulevard

New Haven, CT

Telephone: 773-9673

IMMANUEL BAPTIST SHELTER (men)

645 Grand Avenue

New Haven, CT

Telephone: 777-2522

LIFE HAVEN (women with children)

447 Ferry Street

New Haven, CT

Telephone: 776-6208

**NEW HAVEN HOME RECOVERY
CAREWAYS SHELTER**

(women and children)

223-225 Portsea Street

New Haven, CT

Telephone: 492-4873

**NEW HAVEN WOMEN
IN CRISIS SHELTER**

559 Howard Avenue

New Haven, CT

TELEPHONE: 624-5798

SPOONER HOUSE (families)

119 Caroline Street

Derby, CT

Telephone: 734-1638

**SARAH SENECA
RESIDENTIAL SERVICES**

TELEPHONE: 315-3770

FAX: 315-3775

SARAH Seneca provides residential support services to people with developmental disabilities and their families.

Pleas see primary listing under Disabled.

**SARAH TUXIS RESIDENTIAL
SERVICES**

TELEPHONE: 458-8532

FAX: 453-4526

SARAH Tuxis provides residential support services to persons with developmental disabilities between the ages of 18-65.

Pleas see primary listing under Disabled.

**SECTION 8 HOUSING
VOUCHERS/WRAP**

TELEPHONE: (203) 281-7669

WEBSITE: www.hud.gov/local/index

Designed to help very low income families afford quality housing in privately-owned rental units. Funds for this program are extremely limited and a lottery is held periodically to select applicants for the waiting list.

food

BRANFORD FOOD COUNCIL

Volunteer Services Center

30 Harrison Avenue

Branford, CT 06405

TELEPHONE: 481-3663

HOURS: Call the Branford Counseling Center (481-4248) after 9 a.m. on Monday for pick-up on Tuesday and on Wednesday for pick-up on Friday. Pick-up hours are between 10:30 a.m. and 11:30 a.m. at the Volunteer Services Center.

TARGET POPULATION: Branford residents in need of emergency food supplies.

SERVICES: The Branford Food Council distributes food to Branford residents in need of temporary food supplies. The Council also provides Thanksgiving and Christmas holiday baskets. The program is for "short-term" emergency food only. Participants must register with the Food Council and then apply for Food Stamps at the Department of Social Services Regional Office. (974-8000)

ELIGIBILITY REQUIREMENTS: Must be a Branford resident who has discussed his/her needs with a Food Council representative at the Branford Counseling Center. The Counseling Center provides the Food Council with a weekly/holiday distribution list.

COSTS: None

FOOD DROP-OFF HOURS: Tuesday and Friday, 10:30 a.m.- 11:30 am; most mornings from 7 a.m. to 10 am. Call first.

COMMUNITY DINING ROOM

Volunteer Services Center
30 Harrison Avenue
Branford, CT 06405
TELEPHONE: 488-9750
WEBSITE:

www.communitydiningroom.org

HOURS: Every day, 12 noon - 1 p.m.,
Family dinner, Tuesday, 5:30 p.m.

TARGET POPULATION: Anyone seeking nutritional support or fellowship.

SERVICES: The Community Dining Room provides hot lunches daily as well as special community-wide holiday dinners and Tuesday evening dinner for families with children. Special dinners highlight food and culture from different countries and include story time with free book distribution. There is a home delivery program which provides meals to those unable to prepare a meal for themselves or to come to the Dining Room. Staff refer guests to other social service programs.

ELIGIBILITY REQUIREMENTS: None

COSTS: None

FOOD DROP-OFF HOURS: weekdays,
9 a.m.- 2 p.m.; weekends, 10 a.m.- 1:30 p.m.

MEALS ON WHEELS

TELEPHONE: 387-7700 x254

This program provides senior citizens who are unable to travel to local meal sites because of illness or a recent hospitalization with meals prepared and delivered to the home. Available on a short or long term basis; cost is based on income.

ADDITIONAL FOOD RESOURCES

ELDERLY NUTRITION PROGRAM

11 Cherry Hill Road
Branford, CT 06405
TELEPHONE: 481-3429, x121

HOURS: Monday - Friday at 12 Noon

TARGET POPULATION: Branford's senior citizens

SERVICES: The Canoe Brook Center serves a full course luncheon every weekday. Socialization and nutrition education are an integral part of the program. Attendees must call at least one day in advance to make a reservation.

ELIGIBILITY REQUIREMENTS: Must be a Branford resident age 60 or older.

COSTS: A \$2.00 donation (per meal) is suggested.

clothing

HARBOR HEALTH SERVICES CLOTHING BANK

Volunteer Services Center
30 Harrison Avenue
Branford, CT 06405
TELEPHONE: 483-2643

HOURS: Monday - Thursday, 9:30 a.m.-
2 p.m., Friday, 9:30 a.m.- 1 p.m.,
Saturday, 11 a.m.- 1 p.m.

TARGET POPULATION: Anyone in
need of assistance.

SERVICES: The Harbor Health Services
Clothing Bank offers clothes and
household items to those who qualify.

ELIGIBILITY REQUIREMENTS: None.

COSTS: None

DROP-OFF HOURS: Anytime the Bank
is open.

HOMEMAKER THRIFT SHOP

76 Maple Street
Branford, CT 06405
TELEPHONE: 481-5161

HOURS: Monday - Saturday, 10 a.m.-
4 p.m.

TARGET POPULATION: Open to the
public.

SERVICES: The Homemaker Thrift Shop

offers affordable second hand
clothing, household goods, furniture,
etc.

ELIGIBILITY REQUIREMENTS: None

COSTS: All items are ticketed at a
reasonable price. Clothing and goods
may be given to individuals referred to
the Homemaker Thrift Shop by the
Branford Counseling Center or The
Community Dining Room. Proceeds are
used to support a variety of commu-
nity agencies.

DROP-OFF HOURS: Monday - Satur-
day, 10 a.m.- 3 p.m.

SARAH'S CUPBOARD

155 Meadow Street
Branford, CT 06405
TELEPHONE: 481-4052

HOURS: Tuesday - Saturday, 10 a.m.-
4 p.m.

TARGET POPULATION: Open to the
public.

SERVICES: SARAH's Cupboard offers a
variety of second hand clothing and
household items. Proceeds are used to
fund SARAH Inc.'s activities in support
of the disabled.

ELIGIBILITY REQUIREMENTS: None

COSTS: All items are ticketed at a
reasonable price.

DROP-OFF HOURS: Any time the
Cupboard is open.

health & medical

EAST SHORE HEALTH DISTRICT HEALTH DEPARTMENT

29 Business Park Drive
Branford, CT 06405
TELEPHONE: 481-4233
FAX: 483-6894
WEBSITE: www.eshd.org

HOURS: Monday - Friday, 8:30 a.m.-
4:30 p.m.

TARGET POPULATION: Open to the
general public.

SERVICES: The East Shore District
Health Department is the local public
health department for residents of
Branford, East Haven and North
Branford.

The Health Department performs
essential public health services such as
to investigate and prevent illness in the
community; identify and resolve
community health problems; support
community health efforts; enforce
health laws and regulations covering
environmental health, sanitation and
housing; and link people to needed
services.

Public health services to participating
towns are offered directly to residents
by the health district staff or indirectly
by district-sponsored public health
programs.

ELIGIBILITY REQUIREMENTS: None

COSTS: None, other than fees for
permits and licenses.

JOEY CHILDREN'S FUND OF BRANFORD (JCFB)

P.O. Box 959
Branford, CT 06405
TELEPHONE: 481-3622

HOURS: 24 hour answering machine

TARGET POPULATION: Branford
families with acute or chronically ill
children.

SERVICES: The purpose of JCFB is to
provide financial assistance and
support to Branford families in need.
The Fund offers assistance in paying
non-reimbursed medical expenses and
offers a comprehensive support
network

ELIGIBILITY REQUIREMENTS: Eligibility
is determined on a case-by-case basis.
All applications will be reviewed and
evaluated by the JCFB Committee and
its medical advisors. All requests will
be handled in confidence.

COSTS: None

SCHOOL BASED HEALTH CENTERS

Francis Walsh Intermediate School

185 Damascus Road
Branford, CT 06405
TELEPHONE: 488-3533/488-3534
FAX: 315-7094

Branford High School

185 East Main Street
Branford, CT 06405
TELEPHONE: 488-6727
FAX: 488-6728

HOURS: Monday - Friday, 8 a.m.- 3:30 p.m.

TARGET POPULATION: Middle school students at Francis Walsh Intermediate School and high school students at Branford High School.

SERVICES: The School Based Health Centers provide comprehensive services during school hours to students at the Walsh Intermediate School and Branford High School. Services include physical exams, diagnosis and treatment of acute and chronic illness, immunizations, nutrition and weight management and health education. Mental health services include individual, group and family counseling and crisis intervention.

ELIGIBILITY REQUIREMENTS: Enrollment at the Francis Walsh Intermediate School or Branford High School and a signed parental consent form.

COSTS: None

VNA COMMUNITY HEALTH CARE INC.

753 Boston Post Road, Suite 200
Guilford, CT 06437
TELEPHONE: 488-8357
FAX: 458-4388
WEBSITE: www.branfordVNA.com

HOURS: Monday - Friday, 8 a.m.- 5:00 p.m., nurse on call 24 hour service available, 7 days a week

TARGET POPULATION: Anyone needing professional care or assistance for all kinds of medical situations.

SERVICES: The VNA offers in-home skilled nursing, private duty nursing, psychiatric nursing, physical therapy, speech therapy, occupational therapy, medical social work, home health aides, homemakers, companions, an Early Maternity Discharge Program, services for mothers and babies, and family caregiver support services. The VNA also offers an immunization clinic, health screening clinics, first aid and CPR classes, senior wellness programs and health education programs.

In addition, the Caregivers Support Network, sponsored by the VNA, provides information, resources, programs and social support for individuals who are providing care for an elderly or disabled family member.

ELIGIBILITY REQUIREMENTS: None

COSTS: Dependent on type and scope

of service provided. Sliding scales are available for those in need of assistance.

ADDITIONAL HEALTH/ MEDICAL RESOURCES

AIDS CLINICS

HAELEN CENTER AT
ST. RAPHAEL'S HOSPITAL
TELEPHONE: 789-4135

NATHAN SMITH CLINIC AT
YALE-NEW HAVEN HOSPITAL
TELEPHONE: 688-5303

These clinics provide medical services for those suffering from HIV-related illnesses.

AIDS HOTLINES

AIDS INTERFAITH NETWORK
TELEPHONE: 624-4350

AIDS PROJECT NEW HAVEN
TELEPHONE: 624-2437

These hotlines provide anonymous, confidential information about health-related issues including HIV

BIRTH TO THREE

TELEPHONE: 1-800-505-7000

This statewide early intervention program is designed for children from birth to 36 months who are experiencing developmental delays. Services include home visits, physical and occupational therapy and parent support.

CANOE BROOK CENTER HEALTH CLINIC

TELEPHONE: 481-3429

The Canoe Brook Center provides a Senior Health Clinic on Monday mornings. In private consultation, the Center's registered nurse provides such services as blood pressure monitoring, diabetic screening and answers to questions about medications and illnesses.

Please see primary listing under Seniors.

THE CONNECTICUT HOSPICE

TELEPHONE: 315-7500
Home Care: 315-7687

Hospice provides home or in-patient care to patients suffering from end stage, irreversible illness. The program focuses on symptom control, pain management, and psycho-social support for patients and their families.

CONNPACE

TELEPHONE: 1-800-423-5026

ConnPACE helps low income and under or uninsured senior and disabled persons pay for certain prescription drugs.

HUSKY HEALTH INSURANCE PROGRAM

TELEPHONE: 1-877-284-8759

The HUSKY Program provides health insurance to uninsured Connecticut children under the age of 19. Cost is based on gross income and family size. Case workers are available to help resolve problems of eligibility and access to care for Medicare covered services and other access issues.

ORCHARD HOUSE

TELEPHONE: 481-7110

The facility provides therapeutic assistance and social activities for frail elderly and chronically ill adults and those with mental or physical challenges.

Please see primary listing under Seniors.

PARENTS AVAILABLE TO HELP (PATH)

TELEPHONE: 1-800-399-PATH (7284)

Through a network of parents in similar situations, PATH offers outreach, support and resources to parents of premature babies and children with special needs, as well as to those who have lost a young child or endured a high-risk pregnancy.

YALE NEW HAVEN PEDIATRIC DENTISTRY CENTER

TELEPHONE: 688-3000

The Center offers a wide range of services including consultations, check-ups and diagnostic services, restorative care, emergency care, and preventive and interceptive orthodontics for children up to 16 years of age. The center has digital radiography, computerized chair-side patient record keeping, six fully equipped treatment rooms, X-ray facilities and dental laboratory space. This state-of-the-art facility is focused on meeting the needs of underserved children in the community and to providing dental care to those with special medical needs.

Y-ME CONNECTICUT BREAST CANCER ORGANIZATION

TELEPHONE: 483-8200

Y-ME of New England offers a variety of support services for individuals concerned or diagnosed with breast cancer and their families.

Please see primary listing under Women.

counseling & crisis support

BRANFORD COUNSELING CENTER

342 Harbor Street
Branford, CT 06405
TELEPHONE: 481-4248- 24 hour
answering service
FAX: 483-7727

HOURS: Monday - Friday, 9 a.m.- 5
p.m. Early morning, evening and
Saturday appointments available.

TARGET POPULATION: Children, youth
and adults in need of counseling and
mental health services.

SERVICES: The Branford Counseling
Center is a state licensed psychiatric
outpatient and substance abuse facility
for children and adults. Services
include individual and family therapy.
A broad range of time-limited therapy
groups are available. Staff specializa-
tions include chemical dependency,
child and adolescent disorders, crisis
intervention, anxiety, panic disorder
and phobias, ACOA issues, parenting
issues, depression and mood disorders,
grief and bereavement, work-related
issues, domestic violence and women's
issues, geriatric issues and trauma
issues. The Counseling Center serves
as the Youth Service Bureau for the
town of Branford.

ELIGIBILITY REQUIREMENTS: None

COSTS: \$90 per session with sliding
scale available. The Center partici-
pates in most health insurance plans.
The Center is also a provider for
Medicaid (Title 19), Medicare and state
General Assistance. No resident will
be refused treatment because of
inability to pay.

HARBOR HEALTH SERVICES

14 Sycamore Way
Branford, CT 06405
TELEPHONE: 483-2630
WEBSITE:
www.harborhealthservices.org

HOURS: Monday - Friday, 8:30 a.m.-
5:00 p.m. - Evening appointments
available.

TARGET POPULATION: Adults with
severe and persistent mental illness.

SERVICES: Harbor Health offers a
range of community and clinical
support services including specialized
outpatient services, case management,
Harbor House (eight bed community
residence), Community Living Program
(supported apartments located within
six service team areas), HARP (Harbor
Apartment and Respite Program
offering clustered individual and
continually supervised apartments),
OPTIONS, a social rehabilitation
program, Jail Diversion Program, Pilots

Program (intensive case management for clients in recovery), ACT (assertive community treatment) and other social and vocational rehabilitation services.

ELIGIBILITY REQUIREMENTS: Individuals must be 18 years or older, have a diagnosis of severe and persistent mental illness or substance abuse and live in Branford, East Haven, Guilford, Madison, North Branford or North Haven.

COSTS: Clinical Services: Medicaid/ Medicare and 3rd party reimbursements accepted. Residential: Cost of room and board; Case management, social and vocational rehabilitation: no fee.

ADDITIONAL COUNSELING & CRISIS SUPPORT RESOURCES

BATTERED WOMEN/DOMESTIC VIOLENCE PROGRAM

TELEPHONE: 789-8104, 24 hour hotline

This program provides crisis counseling and short-term emergency shelter for adult victims of abuse and their children.

BRANFORD PUBLIC SCHOOLS

TELEPHONE: Call the principal at the appropriate school. (See page 23 for phone numbers.)

The school system provides social workers and psychologists at each school as well as guidance counselors at the intermediate and high schools.

COORDINATING COUNCIL FOR CHILDREN IN CRISIS

131 Dwight Street
New Haven, CT 06511
TELEPHONE: 624-2600

The Council offers in-home parent education and support services to improve parenting, child care, household management and limit setting skills. It also provides counseling and advocacy to women in abusive relationships and sexually abused children.

HOPE

TELEPHONE: 782-1194

HOPE is a group of parents who have experienced the loss of a child through miscarriage, still birth, neo-natal death or other cause. The group provides support during monthly meetings in New Haven, person-to-person and phone contact between meetings, a lending library, guest speakers and referral services.

HOSPITAL/UNIVERSITY COUNSELING PROGRAMS

The New Haven area offers hospital and university based counseling programs. For further information about the scope of their services, please call them directly.

ST. RAPHAEL'S HOSPITAL

Adult In-patient Psychiatric

Services: 789-3236

Adult Out-patient

Psychiatric Services784-8700

Child and Adolescent Outpatient
Psychiatric Services 789-5150

YALE UNIVERSITY
Yale Child Study Center 785-2513
Yale Psychiatric
Institute (800) 275-9253

SOUTHERN CT STATE UNIVERSITY
Marriage and Family
Counseling Clinic 392-6415

There are also many private agencies and therapists in the area. Call Infoline for further information.

INFOLINE
TELEPHONE: 211

Infoline is a statewide telephone-based information and referral service. Infoline's professional caseworkers provide up-to-date information about locally available mental health/ counseling agencies and programs and make referrals to appropriate community resources. Infoline also provides a 24 hour crisis intervention hotline.

Please see primary listing under Infoline.

DEPARTMENT OF CHILDREN AND FAMILIES - CARELINE (FOR CASES OF ABUSE AND NEGLECT)
TELEPHONE: 1-800-842-2288

Residents who suspect a case of abuse, neglect or abandonment of a child may make an anonymous referral to Connecticut's Department of Children and Families. All suspected incidents are then investigated by qualified caseworkers and professionals.

ORCHARD HOUSE
TELEPHONE: 481-7110

The facility provides therapeutic assistance, social activities and gerontological counseling for frail elderly and chronically ill adults and those with mental or physical challenges.

Please see primary listing under Seniors.

PROBLEM GAMBLING SERVICES
TELEPHONE: 1-860-262-5997
WEBSITE: www.gamblingrecovery.org

Outpatient treatment for adult (18+) problem gamblers and significant others. Attendance at Gamblers Anonymous is encouraged. Program will help youths in need of gambling treatment to find appropriate services.

PROTECTIVE SERVICES FOR THE ELDERLY
TELEPHONE: 974-8029

Residents who suspect a case of abuse, neglect or abandonment of an elderly person may make an anonymous referral to Department of Social Services. All suspected incidents are then investigated by qualified caseworkers and professionals.

SCHOOL BASED HEALTH CENTERS

TELEPHONE: WIS: 488-3533/3534
BHS: 488-6727

The Centers provide mental health services including individual, group and family counseling and crisis intervention for students attending the Francis Walsh Intermediate School and Branford High School.

Please see primary listing under Health/Medical.

SEXUAL ASSAULT HOTLINE

TELEPHONE: 1-888-999-5545

This 24 hour hotline provides medical, police and court advocacy, counseling and support regarding cases of rape or sexual assault.

substance abuse

APT FOUNDATION

TELEPHONE: 781-4600

WEBSITE: www.aptfoundation.org

This substance abuse research and treatment facility provides comprehensive outpatient services, detoxification and residential treatment for alcohol and drug addiction. Special programs include the Alpha House adolescent residential program, Daytop for adults, and The Mother's Project for pregnant and postpartum women addicted to cocaine. APT also provides an employment center for people recovering from substance abuse.

BRANFORD COUNSELING CENTER

TELEPHONE: 481-4248

The Center offers substance abuse counseling on a one-on-one and group basis. The Center also hosts young people's AA meetings, Thursday evenings from 7:30 to 8:30 p.m.

Please see primary listing under Counseling/Crisis Support.

ADDITIONAL SUBSTANCE ABUSE RESOURCES

Alcoholics Anonymous . 888-624-6063

Al-anon and Al-ateen 888-825-2666

Narcotics Anonymous. 800-627 -3543

BRANFORD DAY CARE CENTER, INC.

16 Birch Road
Branford, CT 06405
TELEPHONE: 488-4512

HOURS: Monday - Friday, 7:30 a.m. - 5:30 p.m.

TARGET POPULATION: Branford children from 8 weeks through kindergarten age.

SERVICES: The Branford Day Care Center offers programs for infants, toddlers, and preschoolers aged 3-5 as well as an After Kindergarten enrichment program. Attendees receive breakfast, lunch and an afternoon snack. The Center is accredited by NAEY and has a certified school yard habitat.

ELIGIBILITY REQUIREMENTS: Open to all Branford children.

COSTS: Costs for all programs are determined on a sliding scale slots based on income and family size.

BRANFORD PUBLIC SCHOOLS

1111 Main Street
Branford, CT 06405
TELEPHONE: Central Office: 488-7276
WEBSITE: www.branford.k12.ct.us

Mary T. Murphy
Elementary School: 483-1832

John B. Sliney
Elementary School 481-5386

Mary R. Tisko
Elementary School 483-1826

Francis Walsh Intermediate
School: 488-8317

Branford High School: 488-7291

Pupil Services: 488-5000

Early Years Center: 315-3540

Family Resource Center: 315-3799

School Age Child Care
Program: 481-5066

HOURS: Monday - Friday, 8:30 a.m.- 4:30 p.m.

TARGET POPULATION: Children, aged 5 - 18, who are residents of Branford.

SERVICES: The Branford Public Schools offer a 9 month academic program at three elementary schools, one intermediate school and one high school. To register a student, first identify which school the child will be attending by calling the Central Office. Then

contact the appropriate school directly to enroll each student. In addition to the standard academic program, the school system provides social workers and psychologists at each school as well as guidance counselors at the intermediate and high schools. The system also offers a number of specialized programs including the Early Years Center, the School Age Child Care Program, the Family Resource Center (see listings below) and the School Based Health Centers (see listing under Health/Medical). A Summer Studies Program, including GED courses, is also offered.

ELIGIBILITY REQUIREMENTS: To enroll in kindergarten, children must be at least 5 years old by December 31 and must be full-time residents of Branford.

COSTS: None

BRANFORD RECREATION DEPARTMENT

46 Church Street
Branford, CT 06405
TELEPHONE: 488-8304
FAX: 488-4017
WEBSITE: www.branford-ct.gov

HOURS: Monday - Friday, 8:30 a.m. to 5 p.m.

TARGET POPULATION: Branford residents from birth through senior citizens. Non-residents are invited.

SERVICES: The Branford Recreation Department offers a wide variety of athletic and recreational activities, sports tournaments, children's after

school programs and holiday events at several recreational facilities throughout town. Specific offerings include swimming, aerobics, ballroom dancing, duplicate bridge, Branford Trail walks, open gym times, volleyball, badminton and summer playground programs. Recreation Department program booklets are distributed to Branford households quarterly.

ELIGIBILITY REQUIREMENTS: Must be a resident of Branford. Non-residents are invited.

COSTS: Nominal fees associated with some activities/programs.

BRANFORD SCHOOL AGE CHILD CARE PROGRAM (SACC)

12 Melrose Avenue
Branford, CT 06405
TELEPHONE: 481-5066
FAX: 481-7160

HOURS: Monday - Friday, 7 a.m. - 6 p.m.

TARGET POPULATION: Children from kindergarten through middle-school age.

SERVICES: SACC offers a child care program that is accessible and affordable to Branford families and is available during times when school is not in session. Before school, kindergarten care and after school programs are offered at all three elementary schools as well as Indian Neck and Branford Hills schools. Parenting

classes are also available to parents and guardians free of charge.

ELIGIBILITY REQUIREMENTS: Must be a Branford resident.

COSTS: Call for specific program costs. A sliding scale and multiple child discounts are available for families who qualify.

EARLY YEARS CENTER

Branford Public Schools
Pupil Services Department
12 Melrose Avenue
Branford, CT 06405
TELEPHONE: 315-3540
FAX: 315-4143

HOURS: Monday - Friday, 8:30 a.m.- 3:30 p.m.

TARGET POPULATION: Pre-school children with special needs.

SERVICES: The Early Years Center provides consultation, evaluation, and any required special education and related services including special education instruction, speech and language development, fine and gross motor assistance and behavioral management to those children who have been determined eligible through the Planning and Placement Team process. Learning takes place in a language-based program that recognizes the unique needs of all students.

ELIGIBILITY REQUIREMENTS: The Early Years Center provides free monthly developmental screenings and completes evaluations upon referral when

appropriate. Special education and/or consultation services are determined according to Connecticut State Department of Education guidelines.

COSTS: None

FAMILY RESOURCE CENTER

12 Melrose Avenue
Branford, CT 06405
TELEPHONE: 315-3799

HOURS: Monday - Friday, 7 a.m.- 6 p.m.

TARGET POPULATION: Families with children from infancy to age 5.

SERVICES: The Branford Family Resource Center provides infant and toddler playgroups, developmental screenings and personal visits to new parents or those with parenting concerns. A variety of books and tapes on early childhood issues are available to sign out, and parenting programs on discipline, sibling rivalry, nutrition, and other behaviors of childhood are offered throughout the year. For children aged three to five, the Center offers both a part and a full day preschool program.

The Family Resource Center office can provide information about school and community programs and provides referrals to licensed home care providers and community child care centers. The School Readiness Program provides low-cost child care for income-eligible Branford families.

ELIGIBILITY REQUIREMENTS: For Branford residents.

COSTS: None for playgroups or home visits. School Readiness Childcare Program operates on a sliding fee scale.

ADDITIONAL YOUTH SERVICES

BIRTH TO THREE

TELEPHONE: 1-800-505-7000

This statewide early intervention program is designed for children from birth to 36 months who are experiencing developmental delays. Services include home visits, physical and occupational therapy and parent support.

BRANFORD COUNSELING CENTER

TELEPHONE: 481-4248

The Center offers a variety of outpatient psychiatric and social work services designed to meet the needs of children and their families.

Please see primary listing under Counseling/ Crisis Support.

CARE 4 KIDS

TELEPHONE: 1-888-214-KIDS (5437)

WEBSITE: www.ctcare4kids.com

Sponsored by Connecticut's Department of Social Services, Care 4 Kids helps low to moderate income families

in Connecticut pay for child care costs. To participate in the program, families must live in Connecticut; be working or attending a temporary family cash assistance (Jobs First) approved education or training activity; and meet the program's income requirements. Children must be under age 13, or if the child has special needs, be under age 19. Providers must be licensed by the CT Department of Public Health (unless exempt from licensing); be a relative, such as a grandparent; or take care of the child in the child's home.

CHILD DEVELOPMENT INFOLINE

TELEPHONE: 1-800-505-7000

WEBSITE: www.birth23.org

The Child Development Infoline (CDI) serves as the access point for the Connecticut Birth to Three System, the Help Me Grow Program, Preschool Special Education Services, and Children and Youth with Special Health Care Needs Program. CDI Care Coordinators provide information about general development, coping with challenging behaviors, disability and health related issues. Coordinators may also refer families of children, ages birth to eighteen, to services provided by various programs.

CONNECTICUT TRAILS COUNCIL OF GIRL SCOUTS

TELEPHONE: 239-2922

The Council offers a scouting program for girls aged 5-17 designed to develop their sense of self-worth and personal values through informal,

educational and fun programs. Call for assistance in locating scout troops in Branford.

**CONNECTICUT YANKEE COUNCIL
BOY SCOUTS OF AMERICA**

TELEPHONE: 1-203-876-6868

The Connecticut Yankee Council Boy Scouts of America is a scouting program for boys focusing on positive character development, citizenship training, physical fitness, confidence, self-reliance, teamwork, decision-making and lifetime leadership skills. Call for assistance in locating scout troops in Branford.

**COORDINATING COUNCIL
FOR CHILDREN IN CRISIS**

TELEPHONE: 624-2600

The Council offers in-home parent education and support services to improve parenting, child care, household management and limit setting skills. It also provides counseling and advocacy to women in abusive relationships and sexually abused children.

**DEPARTMENT OF CHILDREN
AND FAMILIES - CHILD
ABUSE HOTLINE**

TELEPHONE: 1-800-842-2288

Residents who suspect a case of abuse, neglect or abandonment of a child may make an anonymous referral. All suspected incidents are then investigated by qualified caseworkers and professionals.

THE FAMILY PLACE

Blackstone Library: 488-1441

Willoughby Wallace Library: 488-8702

This program transforms libraries into centers for healthy child and family development, parent and community involvement, and life-long literacy beginning at birth. The libraries offer a 5-week program for kids ages 1-3 and their caregivers that features toys and books and art supplies for kids, as well as professionals from community agencies who can answer caregivers' questions about their children

**HUSKY HEALTH
INSURANCE PROGRAM**

TELEPHONE: 1-877-284-8759

The HUSKY Program provides health insurance for uninsured Connecticut children under the age of 19. Cost is based on gross income and family size. Case workers are available to help resolve problems of eligibility and access to care for Medicaid covered services and other access issues.

**JOEY CHILDREN'S FUND
OF BRANFORD (JCFB)**

TELEPHONE: 481-3622

JCFB provides financial assistance and support to Branford families who have acute or chronically ill children. The Fund offers assistance in paying non-reimbursed medical expenses and offers a comprehensive support network including resource information, meals, babysitting, rides for medical appointments, etc.

Please see primary listing under Health/Medical.

THE KID DIRECTORY

TELEPHONE: 481-5066

(SACC Program)

A resource guide for children and families highlighting social services, churches, schools, afterschool care, dentists and pediatricians, nutrition, general health, financial assistance, language assistance, and entertainment. Copies can be obtained at the SACC program, libraries, pediatrician offices, and Town Hall.

**SALVATION ARMY,
CAMP CONNRI**

TELEPHONE: 481-4248, ask for Camp Connri

The Salvation Army operates Camp Connri, an overnight facility open to Branford children ages 7-12. Advanced registration must take place through the Branford Counseling Center. Financial assistance is available.

**SCHOOL BASED HEALTH
CENTERS**

TELEPHONE: WIS:488-3533/3534

BHS: 488-6727

The Centers provide comprehensive medical and mental health services during school hours to students at Walsh Intermediate School and Branford High School, particularly those with inadequate medical insurance coverage.

Please see primary listing under Health/Medical.

**SHORELINE HOMESCHOOLERS
OF CONNECTICUT**

Email: FYIShorelineHS@aol.com

This group supports homeschooling families from New Haven to Mystic along the Connecticut shoreline. The group offers support groups & newcomer gatherings; provides an e-mail newsletter of classes, workshops, fieldtrips, legislative news, curriculum swaps; discounted educator cards; inclusion in year-long theater series for children & families; a "for kids, by kids" newsletter, annual yearbook; and annual events including a science fair, art show, harvest festival, cabaret, potluck socials etc.

**YALE NEW HAVEN PEDIATRIC
DENTISTRY CENTER**

TELEPHONE: 688-3000

The Center provides preventive, comprehensive and urgent dental care to children up to 16 years of age.

Please see primary listing under Health/Medical.

women

LA LECHE LEAGUE OF BRANFORD

Branford Community House
Branford, CT 06405
TELEPHONE: 483-8005

HOURS: Meets every second Friday of the month, 9:30 a.m. at the Branford Community House.

TARGET POPULATION: Pregnant and breast-feeding women.

SERVICES: La Leche League holds monthly meetings to enhance breast feeding education, support and encouragement. Meetings are casual and children are welcome. The League also offers help via telephone and a lending library.

ELIGIBILITY REQUIREMENTS: None

COSTS: \$30/year membership fee is encouraged to support the League. Members receive La Leche League International's bi-monthly breastfeeding and mothering magazine. (You do not need to be a member to attend a meeting or get phone help.)

Y-ME CONNECTICUT BREAST CANCER ORGANIZATION

1169 Main Street, Suite B-3
Branford, CT 06405
TELEPHONE: 483-8200
Business/fax line: 488-5670
Toll-free hotline: 1-800-933-4963
WEBSITE: www.y-me.org/connecticut

HOURS: Monday - Friday, 9 a.m. - 5 p.m.

TARGET POPULATION: People concerned about or diagnosed with breast cancer.

SERVICES: Y-ME Connecticut offers a variety of breast cancer support services including a hotline operated by breast cancer survivors, support groups, lectures, a speakers' bureau, breast self-exam workshops, a lending library and an annual symposium.

ELIGIBILITY REQUIREMENTS: None

COSTS: None

ADDITIONAL WOMEN RESOURCES

WOMEN/ DOMESTIC VIOLENCE PROGRAM

TELEPHONE: 789-8104, 24 hour hotline

This program provides short-term emergency shelter for adult victims of abuse and their children.

COORDINATING COUNCIL FOR CHILDREN IN CRISIS

TELEPHONE: 624-2600

The Council offers in-home parent education and support services to improve parenting, child care, household management and limit-setting skills. It provides counseling and advocacy to women in abusive relationships and sexually abused children.

HOPE

TELEPHONE: 782-1194

HOPE is a group of parents who have experienced the loss of a child through miscarriage, still birth, neo-natal death or other cause. The group provides support during monthly meetings in New Haven, person-to-person and phone contact between meetings, a lending library, guest speakers and referral services.

PARENTS AVAILABLE TO HELP (PATH)

TELEPHONE: 1-800-399-7284

Through a network of parents in similar situations, PATH offers outreach, support and resources to parents of premature babies and children with special needs, as well as to those who have lost a young child or endured a high-risk pregnancy.

SEXUAL ASSAULT HOTLINE

TELEPHONE: 1-888-999-5545

This program provides victims of rape and sexual assault with medical, police and court advocacy, counseling and support through a 24 hour hotline.

seniors

CANOE BROOK CENTER

11 Cherry Hill Road
Branford, CT 06405
TELEPHONE: 481-3429
FAX: 488-3370
WEBSITE: www.branford-ct.gov/senior.htn

HOURS: Monday - Friday, 9 a.m.- 5 p.m.

TARGET POPULATION: Branford's senior citizens

SERVICES: The Canoe Brook Center offers a broad variety of services and programs for seniors. Full course lunches are offered 5 days a week. Daily and weekly programs are offered in fitness, computer training, special interests, travel, and social and cultural programs. A nurse is on site Mondays to provide blood pressure monitoring, diabetic screening, consultation on medications, etc. Bus transportation is offered for shopping, errands, Senior Center meals and activities, and medical appointments. Information, referral and advocacy are provided for entitlement programs, employment, housing, rent rebates, legal consultations, income tax assistance, fuel assistance, etc.

ELIGIBILITY REQUIREMENTS: Must be a Branford resident 60 years of age or older.

COSTS: \$4.00 membership per year plus a small fee for selected activities.

ORCHARD HOUSE

421 Shore Drive
Branford, CT 06405
TELEPHONE: 481-7110
FAX: 481-2064

HOURS: 7 days a week, 7:30 a.m.- 4 p.m.

TARGET POPULATION: Frail elderly and physically and mentally challenged adults.

SERVICES: Orchard House is a medical model adult day center certified by the state of Connecticut. The Center offers a variety of services including nursing care, therapeutic recreation, physical therapy, gerontological counseling and dietary planning. Light breakfasts and full course lunches are served. The Center also sponsors a support group for caregivers 10:30 a.m. on the 2nd and 4th Tuesday of every month.

ELIGIBILITY REQUIREMENTS: Adults 18 years or older who would benefit from the Center's services.

COSTS: Based on an individual's ability to pay.

ADDITIONAL SENIOR RESOURCES

BRANFORD HOUSING AUTHORITY
TELEPHONE: 481-3194

The Branford Housing Authority provides independent apartment living for Branford residents of all ages with limited incomes or for disabled persons.

Please see primary listing under Housing.

BRANFORD MEDICAL TRANSPORTATION

TELEPHONE: 481-3429

Branford Medical Transportation provides transportation for Branford residents of all ages who do not have other transportation to doctors' appointments.

Please see primary listing under Transportation.

CAREGIVERS SUPPORT NETWORK

TELEPHONE: 488-8357

The VNA sponsors the Caregivers Support Network which provides information, resources, programs and social support for individuals who are providing care for an elderly or disabled family member.

CONNECTICUT HOMECARE PROGRAM FOR ELDERS

TELEPHONE: 1-800-445-5394, 752-3040 (local)

This program helps frail seniors continue living at home by providing a comprehensive assessment of the individual's living situation; the services of a professional care manager; and purchased support services such as visiting nurses, home health aides, homemakers, companions, home delivered meals, adult day care and personal emergency response systems.

CONNECTICUT STATEWIDE RESPITE CARE PROGRAM

TELEPHONE: 785-8533

The program offers caregivers of individuals with Alzheimer's disease or dementia an opportunity for respite. Services include in-home (companions, homemakers, home health aides) and out-of-home (adult day care, short term assisted living, and nursing home stays) assistance. A Care Manager will develop a suitable care plan with the caregiver.

CONNPACE

TELEPHONE: 1-800-423-5026

ConnPace helps low income and under or uninsured seniors and disabled persons to pay for certain prescription drugs.

CONSUMER LAW PROJECT FOR ELDERS

TELEPHONE: 1-800-296-1467

Provides advice and legal representation in cases of consumer/medical debt and identity theft.

GERIATRIC ASSESSMENT PROGRAMS

Yale: 688-6361

St. Raphael's: 789-4222

These outpatient consultative services provide comprehensive assessments of older persons. The programs' goals are to identify and treat correctable problems and to locate and coordinate community resources that will optimize the patient's and family's living situation.

EAST SHORE HEALTH DISTRICT TRANSPORTATION PROGRAM

TELEPHONE: 481-4235

HOURS: Monday - Friday, call between 8:30 a.m.- 11:30 p.m. to make an appointment.

Volunteers provide transportation for the elderly to health-related appointments. Several days advance notice is required.

Please see primary listing under Transportation.

ELDER LOCATOR HOTLINE

TELEPHONE: 1-800-677-1116

This is an information and referral service that provides access to an extensive network of organizations serving older people throughout the continental United States. Callers should have the name, address and zip code of the person being assisted and a brief description of the type of assistance being sought.

ELDERLY NUTRITION PROGRAM

TELEPHONE: 481-3429, ask for Hot Lunch

A full course luncheon is served weekdays at the Canoe Brook Center. Reservations must be made at least a day in advance.

Please see primary listing under Food.

ROBERT GIAIMO HOUSE

TELEPHONE: 488-0695 or 387-6665

This apartment complex offers Section 8 housing for seniors with limited incomes.

Please see primary listing under Housing.

GREATER NEW HAVEN TRANSIT DISTRICT/MY RIDE

TELEPHONE: 288-6282

The Greater New Haven Transit District provides rides for permanently or temporarily disabled persons who are unable to use the fixed route bus service.

Please see primary listing under Transportation.

INTERFAITH VOLUNTEER CAREGIVERS

TELEPHONE: 230-8994

Volunteers help older persons to live in their own homes and maintain their independence by providing a variety of support services such as grocery shopping, bill paying, letter writing, light housekeeping, yard work and companionship.

MEALS ON WHEELS

TELEPHONE: 481-3429, ask for Assistant Director / 387-7700 x254 (Intake)

This program provides senior citizens who are unable to travel to local meal sites because of illness or a recent

hospitalization with meals prepared and delivered to the home. Available on a short or long term basis; cost is based on income.

JOHN B. SLINEY HOUSE

TELEPHONE: 481-5632

This apartment complex offers Section 8 housing for seniors with limited incomes.

Please see primary listing under Housing.

PROTECTIVE SERVICES FOR THE ELDERLY

TELEPHONE: 974-8029

Residents who suspect a case of abuse, neglect or abandonment of an elderly person may make an anonymous referral. All suspected incidents are then investigated by qualified caseworkers and professionals.

ST. RAPHAEL'S CARE CARD

TELEPHONE: 789-3777

Carecard is a health and wellness program for people age 55 and older offered by the Hospital of St. Raphael. Services include educational programs, health screening, monthly and quarterly publications, a toll-free health information line, medical insurance counseling, consultations with the Carecard nurse, exercise classes, etc.

SENIOR SUPPORT SERVICES AT THE HOSPITAL OF ST. RAPHAEL

Senior Assessment Center	789-4333
Geriatric Outreach	789-3275
Lifeline	789-3702
Care Card	789-3777
American Parkinson Disease Association	789-3936
HealthLink	1-800-622-5922
Need a Physician	789-4304

The Senior Assessment Center provides assessments of a senior's health status and options; Geriatric Outreach provides such services as a telephone hotline, emergency room follow-up, and educational information and consultation; Lifeline offers a 2 hour personal security program; Care Card offers its members health screening, wellness information, assistance with medical insurance claim forms, and many more benefits and discounts; the American Parkinson Disease Association Referral Center includes a help line, newsletters, support groups and referral to community resources; Health Link is a talking library of medical and health related information; and Need a Physician is a free confidential computerized physician referral service.

SOUTH CENTRAL AREA AGENCY ON AGING/AGING RESOURCE CENTER

TELEPHONE: 785-8533, 1-800-994-9422

Web address: agencyonaging-scc.org

The Center provides one-on-one telephone/in-person counseling and library materials on a broad range of topics of interest (e.g., Medicare, Medigap insurance, Social Security, social services programs) to older adults and their caregivers, and matches clients to services through such programs as CHOICES (health insurance assistance), Medi\$ave, Home Share Match, and Home Care for the Elderly and Respite Care Management programs.

OTHER HELPFUL NUMBERS

Center for Medicare Advocacy	1-800-262-4414
Elderly Nutrition Project (Meals on Wheels Intake) ...	387-7700 x254
Low Vision Center	1-800-698-9253
Rent Rebate	1-860-418-6377
South Central Agency on Aging - Choices for Seniors	933-5431
Foster Grandparent Program - Senior Companion Program	933-5431
Veteran's Health Screening	932-5711

veterans

CONNECTICUT DEPARTMENT OF VETERANS AFFAIRS

TELEPHONE: 931-0460

The Department provides education, training, advocacy, vocational rehabilitation, life insurance, and burial benefits.

SOLDIERS, SAILORS AND MARINE FUND

TELEPHONE: 488-8874 (local representative),

American Legion Post #83: 488-9253
This fund provides temporary assistance to those low income veterans and their families who demonstrate need for food, clothing, medical aid, shelter, utility bills and temporary financial service.

VA HOSPITAL

TELEPHONE: 932-5711

The VA hospital provides hospital and outpatient care for all service-related medical conditions.

disabled

SARAH, INC.

246 Goose Lane, Suite 101

Guilford, CT 06437

TELEPHONE: 458-4040

FAX: 458-4050

Employment SERVICES: 483-3033

Seniors in Action: 318-5206

Recreation Connections: 458-4040

HOURS: Monday - Friday, 8 a.m. - 5 p.m.

TARGET POPULATION: Individuals with disabilities

SERVICES: SARAH offers a broad array of programs to individuals with disabilities. Programs include the Employment Services, which provides job preparation and placement, on-the-job training and follow-up job site support, and case management services; Seniors in Action, which offers social and volunteer activities for seniors aged 55 and older; and Recreation Connections, which provides Special Olympics training and competition, social events and leisure activities. SARAH also provides assistance to local parks and recreation departments in supporting individuals with special needs.

Other SARAH offerings include school to work, elderly enrichment activities, and a community experience program for people with multiple disabilities.

ELIGIBILITY REQUIREMENTS: Depends on the program.

COSTS: Covered by the Department of Mental Retardation, Department of Social Services, Bureau of Rehabilitation Services, and private pay.

SARAH SENECA RESIDENTIAL SERVICES, INC.

11 Business Park Drive
Branford, CT 06405
TELEPHONE: 315-3770
FAX: 315-3775

HOURS: Monday-Friday, 8 a.m.- 5 p.m.

TARGET POPULATION: People with developmental disabilities and their families.

SERVICES: SARAH Seneca provides residential support services to people in group settings and apartments along the shoreline. The organization works with individuals and their families to identify services, advocate for needed supports, negotiate various systems (i.e., Social Security, Department of Mental Retardation, Department of Social Services).

ELIGIBILITY REQUIREMENTS: Individual has to have a developmental disability and be registered with the Department of Mental Retardation.

COSTS: Residential services fees are covered by Department of Mental Retardation contract with SARAH Seneca. Call for further information.

SARAH TUXIS RESIDENTIAL SERVICES

45 Boston Street
Guilford, CT 06437
TELEPHONE: 458-8532
FAX: 453-7717

HOURS: Monday-Friday, 7:30 a.m.- 5 p.m.

TARGET POPULATION: People with developmental disabilities between the ages of 18-65.

SERVICES: SARAH Tuxis provides residential support services to persons with developmental disabilities. These supports range from group home living (3 homes with 5 beds, 3 homes with 3 beds) to supported living (supporting 1-2 persons in apartment type settings) to supporting families who are not otherwise getting residential support to plan for future housing needs.

ELIGIBILITY REQUIREMENTS: Persons with developmental disabilities who are recognized clients of the Department of Mental Retardation.

COSTS: Costs are covered by the Department of Mental Retardation, and/or the Department of Social Services at rates that vary with individual circumstances. Private pay should be negotiated with the agency.

ADDITIONAL DISABLED RESOURCES

Birth to Three

TELEPHONE: 1-800-505-7000

This statewide early intervention program is designed for children from birth to 36 months who are experiencing developmental delays. Services include home visits, therapies, parent support and health services.

COMMISSION ON THE DEAF AND HEARING IMPAIRED

TELEPHONE: 1-800-708-6796

The Commission provides 24 hour a day, 7 day a week communication assistance, job development and placement, personal and family counseling, interpreter training, research, planning and advocacy. Also initiates and supports legislation beneficial to hearing impaired citizens.

CONNECTICUT SERVICES FOR THE BLIND

TELEPHONE: 1-800-842-4510

The state offers rehabilitation teaching, mobility instruction, and low vision services, as well as comprehensive evaluations to meet the individual needs of the legally blind.

CONNECTICUT SPECIAL OLYMPICS

TELEPHONE: 230-1201/1-800-443-6105

State affiliate of national sporting organization for children and adults with developmental disabilities which offers training programs and opportunities for local, national, and international competition in many different sports and games.

EASTER SEAL REHABILITATION CENTER

TELEPHONE: 777-2000

The Rehab Center provides outpatient medical services for physically disabled children and adults including counseling, evaluation and rehabilitation. The Center's vocational services include evaluation, skills training and placement, and information and education programs for area businesses.

GREATER NEW HAVEN TRANSIT DISTRICT

TELEPHONE: District Office: 288-6282 to reserve, change or cancel a ride: 288-6643.

HOURS: Seven days a week, 5:30 a.m.-11:30 p.m.

This service provides rides for permanently or temporarily disabled persons who are unable to use the fixed bus route.

Please see primary listing under Transportation.

HARBOR HEALTH SERVICES

TELEPHONE: 483-2630

Harbor Health offers a range of housing services to adults with severe and persistent mental illness. The agency operates a supervised residential facility as well as the Community Living Program, which assists mentally ill citizens in locating, financially supporting and maintaining independent apartments in the community.

Please see primary listing under Counseling/ Crisis Support.

INFOLINE

TELEPHONE: 211

Infoline is a statewide telephone-based information and referral service. Infoline’s professional caseworkers provide up-to-date information about a broad range of agencies and programs designed to meet the needs of individuals with specific disabilities. Infoline also provides a 24 hour crisis intervention hotline.

Please see primary listing under Infoline.

ORCHARD HOUSE

TELEPHONE: 481-7110

This facility provides therapeutic assistance, social activities and gerontological counseling for adults with mental or physical challenges.

Please see primary listing under Seniors.

OTHER HELPFUL NUMBERS

- Lifeline 789-3702
- Low Vision Center 1-800-698-9253
- My Ride 288-6282
- Rent Rebate 1-860-418-6377
- Handicap Parking ID Card 481-3429

transportation

BRANFORD MEDICAL TRANSPORTATION

11 Cherry Hill Road
Branford, CT 06405
TELEPHONE: 481-3429, x111

HOURS: Monday - Friday, 8:30 a.m.-
4:00 p.m.

TARGET POPULATION: Branford
residents.

SERVICES: Branford Medical Transportation is a medical transportation service. Service area includes Branford, Guilford, East Haven (excluding Foxon), New Haven and the VA Hospital in West Haven. Persons using the service must be ambulatory. Advanced reservations of 3-4 days are highly recommended.

ELIGIBILITY REQUIREMENTS: Branford
resident

COSTS: Approximately 50% of service costs are covered by the Branford United Way; the remainder is covered by user donations.

EAST SHORE HEALTH DISTRICT TRANSPORTATION PROGRAM

29C Business Park Drive
Branford, CT 06405
TELEPHONE: 481-4235
FAX: 483-6894

HOURS: Monday - Friday, call between
8:30 a.m.- 11:30 p.m. to make an
appointment.

TARGET POPULATION: Low income
elderly

SERVICES: Volunteers provide transportation for the elderly to health-related appointments. Several days advance notice is required.

ELIGIBILITY REQUIREMENTS: Participants must be at least 60 years old, ambulatory, and have no other transportation resources available to them.

COSTS: No charge but donations are greatly appreciated.

GREATER NEW HAVEN TRANSIT DISTRICT/ MY RIDE

2319 Whitney Avenue
Hamden, CT 06518
TELEPHONE: 288-6282

To reserve, change or cancel a ride:
288-6643.

HOURS: Seven days a week, 5:30 a.m.-
11:30 p.m.

TARGET POPULATION: Permanently or
temporarily disabled persons who are
unable to use the fixed route bus
service; elderly 70+.

SERVICES: The Greater New Haven
Transit District provides ADA
paratransit service for the disabled in
19 towns in the greater New Haven
area and Dial-A-Ride service for
seniors who are seventy or older in
the nine member towns of the transit
district including Branford.

ELIGIBILITY REQUIREMENTS: Disabled
persons and seniors wishing to use this
service must fill out an application
form.

COSTS: \$2.00 per ride. Children under
6 and personal care assistants ride
free.

ADDITIONAL TRANSPORTATION RESOURCES

HANDICAP PARKING PERMITS

TELEPHONE: 481-3429, ask Transpor-
tation Coordinator for a permit
application

Handicap parking permits are avail-
able to persons who complete the
required special parking permit
application form including physician's
or optometrist's certification of
impairment.

CAR POOLING/ COMMUTER BUS INFORMATION

TELEPHONE: 1-800-255-7433

CT TRANSIT BUS INFORMATION

TELEPHONE: 624-0151

METRO NORTH (Local trains - New
York to New Haven): 1-800-638-7646

SHORELINE EAST (Local trains - New
Haven to New London): 1-800-255-
7433

financial & income assistance

BRANFORD SOCIAL SERVICES

342 Harbor Street
Branford, CT 06405
TELEPHONE: 488-5404
FAX: 483-7727

HOURS: Monday - Friday, 9 a.m.- 1 p.m., 2 p.m. - 5 p.m.

TARGET POPULATION: People in need of social services.

SERVICES: Branford Social Services provides limited financial assistance for people who do not have sufficient resources to meet their living expenses and people who cannot get immediate financial help from SAGA or AFDC.

ELIGIBILITY REQUIREMENTS: Must be a Branford resident. Possible means testing.

COSTS: None

ADDITIONAL FINANCIAL RESOURCES

CARE 4 KIDS

TELEPHONE: 1-888-214-KIDS (5437)
WEBSITE: www.care4kids.org

Sponsored by Connecticut's Department of Social Services, Care 4 Kids helps low to moderate income families in Connecticut pay for child care costs.

To participate in the program, families must live in Connecticut; be working or attending a temporary family cash assistance (Jobs First) approved education or training activity; and meet the program's income requirements. Children must be under age 13, or if the child has special needs, be under age 19. Providers must be licensed by the CT Department of Public Health (unless exempt from licensing); be a relative, like a grandparent; or take care of the child in the child's home.

CONNPACE

TELEPHONE: 1-800-423-5026

ConnPace helps low income and under or uninsured seniors and disabled persons to pay for certain prescription drugs.

CONSUMER CREDIT COUNSELING SERVICE

TELEPHONE: 1-800-208-2227

This organization provides confidential counseling on budgeting and money management. Their Debt Management Program negotiates with creditors on behalf of clients to establish payment plans. The Agency is HUD-certified to handle mortgage delinquencies to prevent foreclosures and is AARP-certified for reverse mortgage counseling.

**JOEY CHILDREN'S FUND OF
BRANFORD (JCFB)**

TELEPHONE: 481-3622

The purpose of JCFB is to provide financial assistance and support to Branford families who have acute or chronically ill children. The Fund offers assistance in paying non-reimbursed medical expenses and offers a comprehensive support network.

Please see primary listing under Health/Medical.

SALVATION ARMY

TELEPHONE: 488-5404/488-4248

FAX: 483-7727

The Salvation Army provides emergency assistance to the needy and does community outreach through the Branford Social Services Department.

**SOLDIERS, SAILORS AND
MARINE FUND**

TELEPHONE: 488-8874, local representative, 488-9253, American Legion Post #83

This fund provides temporary assistance to those low income veterans and their families who demonstrate need for food, clothing, medical aid, shelter, utility bills and temporary financial service.

energy assistance

FUEL ASSISTANCE

Canoe Brook Center

TELEPHONE: 481-3429, x114

This program provides payments to fuel vendors and utility companies for income eligible families in order to offset the high cost of winter heating. Its weatherization program installs energy conservation measures and instructs families in ways they can save energy on their own.

**NORTHEAST UTILITIES
MATCHING PAYMENT PLAN**

TELEPHONE: 1-800-286-5844

Helps low income customers who have electricity as their primary heating source to maintain year round service and pay delinquent balance by awarding credits down to a zero balance. To participate, customers must pay their agreed upon budget bill each month and qualify for state fuel assistance programs.

**SOUTHERN CONNECTICUT
GAS THREE-WAY PAYMENT
PLAN**

TELEPHONE: 1-800-659-8299

Income eligible customers maintain year round service and pay down a delinquent balance. The program doubles all monies paid by the customer and state energy assistance programs.

**UNITED WAY
OPERATION FUEL**

TELEPHONE: 488-3322

The United Way Fuel Bank program assists Branford residents who lack financial resources to pay their household fuel, electric or gas bills.

legal aid

COMMUNITY MEDIATION

TELEPHONE: 782-3500

This group provides trained volunteer mediators and other resources to resolve disputes between individuals, groups and communities. Specific programs include the Eviction Prevention Program, Housing Mediation and Rent Bank Program. Community Mediation also offers education and training sessions.

**JEROME N. FRANK LEGAL
SERVICES ORGANIZATION**

TELEPHONE: 432-4800

This organization links Yale students with individuals in need of legal help who cannot afford private attorneys.

**NEW HAVEN LEGAL
ASSISTANCE**

TELEPHONE: 946-4811

This association provides free legal advice, brief service and representation to individuals and groups unable to engage legal counsel because of limited income, age, disability, discrimination and other barriers.

literacy & language assistance

BRANFORD FAMILY RESOURCE CENTER

TELEPHONE: 315-3799

The Family Resource Center sponsors the Raising Readers Program which helps families teach their children to read. The Center also sponsors a Parents Book Club.

Please see primary listing under Youth.

EAST SHORE REGION ADULT & CONTINUING EDUCATION (ERACE)

185 East Main Street

Branford CT 06405

TELEPHONE: 488-5693

FAX: 315-5149

WEBSITE: www.erace-adulted.org

HOURS: evening classes

TARGET POPULATION: Branford residents and residents of the cooperating towns as well as those who are employed in these towns.

SERVICES: Branford is the provider of state mandated adult education programs and services for the five-town region know as ERACE. Classes offered include English as a Second Language, Americanization/Citizenship, Adult Basic Education (fundamen-

tal of reading, writing and arithmetic), G.E.D. (High School Equivalency) Test Preparation, High School Diploma Completion and career counseling services.

COSTS: none.

READ TO GROW, INC.

53 School Ground Road, Unit 3

Branford, CT 06405

TELEPHONE: 488-6800

A non-profit program that takes donations of used books in good condition and distributes them to needy families.

employment assistance

CT WORKS CENTER

37 Marne Street
Hamden, CT 06514
TELEPHONE: (203) 859-3200

HOURS: Monday - Friday, 8:00 a.m. to 4:30 p.m.; Career Center closes at 4:00 p.m.

TARGET POPULATION: People in need of employment assistance.

SERVICES: As part of the statewide Connecticut Works initiative, the Center in Hamden offers a variety of employment-related services including unemployment insurance claims; computerized job listings; career counseling; résumé preparation; development of interviewing skills; on-site employer recruitment; specialized free workshops; training program referrals; assessment, testing and career guidance assistance; computerized job matching; veterans' job services; title III certification for dislocated workers; and jobs first program for welfare-to-work clients.

ELIGIBILITY REQUIREMENTS: Must be a Connecticut resident.

COSTS: None

VOLUNTEER OPPORTUNITIES

Many of the organizations listed in this Resource Guide depend on the support of volunteers to deliver programs and services to their clients. If any of these service providers have been of help or are of particular concern to you or someone you care about, please consider volunteering your assistance. Working together to care for those less fortunate than ourselves, we can ensure that Branford remains a wonderful community in which to live and raise a family.

“Without a sense of caring, there can be no sense of community.”

- Anthony J. D'Angelo

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**This guide is also available online at
the following local web sites:**

**Branford Community Foundation
www.branfordcommunityfoundation.org**

**Town of Branford
www.branford-ct.gov**

**Branford Chamber of Commerce
www.branfordct.com**